





My mother tongue is Polish. At the age of 4-5, when I went to kindergarten, I started learning English. My progress had been slow until I was 18-19 and decided to study English Philology. At the age of more or less 16 (the beginning of high school), I started learning Spanish. However, I still have a rather elementary knowledge of this language, and I think that my Spanish level has slightly decreased since I graduated from high school. I also studied German at school, but I didn't include it in the charts since I have almost no command of this language.

Polish is the language in which I have Basic Interpersonal Communication Skills. I don't use it for academic purposes but rather in everyday situations, and I'm not fully capable of using it in formal circumstances. Conversely, English is the language I use for academic purposes, and I lack the knowledge of basic everyday terms in this language. Perhaps, as I've been an English Philology student for almost three years and used the language a lot, some kind of subtractive bilingualism can be observed in my case. I sometimes notice that I have problems expressing something in Polish, and I need to switch to English. However, it is only sometimes the case and I think I'm still far from being a fully proficient English speaker.